



**2024 STS Leadership Institute
Virtual Session 1: Individual Growth
Thursday, March 21, 2024, 7:00 pm EDT – 9:00 pm EDT**

All Times in Eastern (EDT)

- 7:00 pm – 7:03 pm **Welcome & Introductions**
Mara B. Antonoff, MD, UT MD Anderson Cancer Center
Anita R. Krueger, MD, Baylor Scott & White All Saints Medical Center
- 7:03 pm – 7:18 pm **Presentation – *The Totality of Life: You’re More Than Just a Surgeon***
Michael J. Mack, MD, STS Past President, Baylor Scott & White Health
- 7:18 pm – 7:23 pm **Q&A – Presentation – *The Totality of Life***

The Delicate Balance

- 7:23 pm – 7:35 pm **Learning How and When to Say “No”**
Shanda H. Blackmon, MD, MPH
- 7:35 pm – 7:47 pm **Accepting and Growing with Disappointment on a Professional Level**
Michael A. Maddaus, MD
- 7:47 pm – 8:05 pm **Break Out Session 1 – *The Delicate Balance***
- 8:05 pm – 8:08 pm **Large Group Recap – *The Delicate Balance***
Anita R. Krueger, MD

Communicating Effectively

- 8:08 pm – 8:20 pm **The Art of Negotiation**
Robert S.D. Higgins, MD, MSHA, STS Past President, Brigham and Women’s Hospital
- 8:20 pm – 8:32 pm **Managing Up and Managing Down**
Thomas K. Varghese Jr., MD, MS, MBA, University of Utah School of Medicine
- 8:32 pm – 8:50 pm **Break Out Session 2 – *Communicating Effectively***
- 8:50 pm – 8:53 pm **Large Group Recap – *Communicating Effectively***

8:53 pm – 9:00 pm **Wrap Up and Closing Remarks**
Anita R. Krueger, MD

**Agenda and Faculty subject to change*