### The Society of Thoracic Surgeons Adult Cardiac Surgery Database Quality Improvement Series: Decreasing Blood Usage December 18, 2024

### Patient Blood Management

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## Agenda



## STS Updates

Harvest 3 2024 Reports Available by December 23rd

## Vendor Updates

## Important Dates

## Important Dates





### Patient Blood Management

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- Speakers Bureau for Edwards
- Advisory Board for ERAS Cardiac Society
- Critical Care Workforce for STS







# PBM is part of ERAS **UMSJMC PBM Process UMSJMC PBM Results**









## **UMSJMC Cardiac ERAS Program**





## Cardiac Surgery ERAS Pathway

UNIVERSITY of MARYLAND St. Joseph Medical Center

FINISH



### Preoperative

Education Shortened Fast Carb Load Prehab **PONV** Prophylaxis Preop Anemia SSI Reduction Bundle **Discharge Planning** 



### Intraoperative

Multimodal Analgesia Blood Conservation Glycemic Control SSI Reduction Bundle Maintain Normothermia Optimize Oxygen Delivery Minimize Crystalloids

**Road to** Recovery

### Postoperative

Early Extubation **PONV** Prophylaxis Multimedal Analgesia Blood Conservation Glycemic Control Early Mobility Early Feeding **Optimize Oxygen Delivery** Move in the Tube **Discharge Planning** 

### **Care Team**

Patient + Surgeon + Anesthesia + Perfusion + Nursing + Advanced Practice + Rehab Services Case Management + Pharmacy + Nutritional Services + Healing Therapy + Respiratory Therapy



## Future ERAS



### EXPERT CONSENSUS STATEMENT

- Shared decision making
- Goal-directed therapy
- Goal-directed Perfusion
- Acute Kidney Injury
- Patient Blood Management
- Delirium
- Patient Engagement
- Intraoperative TEE
- Pulmonary artery catheters
- Routine auditing

Perioperative Care in Cardiac Surgery: A Joint Consensus Statement by the Enhanced Recovery After Surgery (ERAS) Cardiac Society, ERAS International Society, and The Society of Thoracic Surgeons (STS)

Michael C. Grant, MD, MSE,<sup>1</sup> Cheryl Crisafi, MS, RN,<sup>2</sup> Adrian Alvarez, MD,<sup>3</sup> Rakesh C. Arora, MD, PhD,<sup>4</sup> Mary E. Brindle, MD, MPH,<sup>5</sup> Subhasis Chatterjee, MD,<sup>6</sup> Joerg Ender, MD,<sup>7</sup> Nick Fletcher, MBBS,<sup>8,9</sup> Alexander J. Gregory, MD,<sup>10</sup> Serdar Gunaydin, MD, PhD,<sup>11</sup> Marjan Jahangiri, MBBS, MS,<sup>12</sup> Olle Ljungqvist, MD, PhD,<sup>13</sup> Kevin W. Lobdell, MD,<sup>14</sup> Vicki Morton, DNP,<sup>15</sup> V. Seenu Reddy, MD, MBA,<sup>16</sup> Rawn Salenger, MD,<sup>17</sup> Michael Sander, MD,<sup>18</sup> Alexander Zarbock, MD,<sup>19</sup> and Daniel T. Engelman, MD<sup>2</sup>

Enhanced Recovery After Surgery (ERAS) programs have been shown to lessen surgical insult, promote recovery, and improve postoperative clinical outcomes across a number of specialty operations. A core tenet of ERAS involves the provision of protocolized evidence-based perioperative interventions. Given both the growing enthusiasm for applying ERAS principles to cardiac surgery and the broad scope of relevant interventions, an international, multidisciplinary expert panel was assembled to derive a list of potential program elements, review the literature, and provide a statement regarding clinical practice for each topic area. This article summarizes those consensus statements and their accompanying evidence. These results provide the foundation for best practice for the management of the adult patient undergoing cardiac surgery.

(Ann Thorac Surg 2023;∎:∎-■) © 2023 The Authors. Published by Elsevier Inc. on behalf of The Society of Thoracic Surgeons.

## Patient Blood Management Turnkey Order Set



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	ADULT: PERIOPERATIVE MANAGEMENT · Volume 168, Issue 3, P890-897.E4, September 2024 · Open Access ERAS Cardiac Society turnkey order set for patient blood management: Proceedings from the AATS ERAS Conclave 2023 Rawn Salenger, MD A & Sameer Hirji, MD, MPH · Amanda Rea, DNP <sup>c</sup> · Jacob Raphael, MD <sup>i</sup> · Daniel T. Engelman, MD <sup>j</sup> on behalf of the ERAS Cardiac Working Group * Show more Affiliations & Notes V Article Info V	<text><text><section-header><section-header><section-header><section-header></section-header></section-header></section-header></section-header></text></text>

## Patient Blood Management Turnkey Order Set



#### TABLE 2. PBM turnkey order set

#### Preoperative

- For nonemergent cases in the absence of platelet function studies, discontinue ticagrelor at 3 d, clopidogrel at 5 d, and prasugrel at 7 d before surgery
- For elective cases without coronary artery disease, discontinue aspirin for 7 d preoperatively
- Clinical communication: minimize phlebotomy
- Hemoglobin
- Platelet count
- PT/INR
- *PTT*
- Send platelet aggregation studies for patients receiving DAPT
- For patients requiring DAPT bridging: Cangrelor 30 µg/kg IV bolus followed by 4 µg/kg/min IV infusion; discontinue 1 h before OR
- . For nonemergent patients on a DOAC, discontinue apixaban at 3 d, rivaroxban at 4 d, and dabigatran at 4 d before surgery
- · For emergent patients on a DOAC, choose an appropriate antidote:
- Andexanet alfa (for apixaban, rivaroxaban)
- 400 mg IV bolus, then 4 mg/min IV × 2 h (≥8 h since last DOAC)
- or
- 800 mg IV bolus, then 8 mg/min IV × 2 h (<8 h since last DOAC)</li>
- $\circ$  Idarucizumab 5 g IV  $\times$  1 (for dabigatran)
- o Kcentra/Beriplex 0.12 mL/kg/min IV; titrate to goal INR (or alternative prothrombin complex concentrate)
- For nonemergent patients on warfarin, discontinue 5 d prior to surgery
- For patients on warfarin who cannot wait 5 d, administer FFP according to parameters below
- In patients with atrial fibrillation and high risk for thromboembolic event, bridge with IV heparin, with weight-based titration to therapeutic range (see heparin order sheet)
- Preoperative anemia: Hgb <13 g/dL<sup>8</sup>:
- Laboratory tests:
- Total iron binding capacity panel
- Ferritin
- Fecal occult blood screening
- Medications
- Ferric gluconate 250 mg IV once daily for up to 7 d (see Table E1 for alternate Fe formulations)
- Erythropoetin alfa-epo 40,000 IU IV × 1
- Folic acid tablet 5 mg orally once daily until surgery (up to 4 wk)
- Vitamin B-12 1000 µg orally once daily until surgery (up to 4 wk)

#### Intraoperative

- Administer tranexamic acid: bolus 10 mg/kg IV × 1, then continuous IV drip based on serum creatinine:
- <1.6 = 2 mg/kg/h</p>
- 1.6-3.2 = 1.5 mg/kg/h
- 3.3-6.6 = 1 mg/kg/h
- Clinical communication: Limit pre-CPB IV fluid to 250 mL
- Clinical communication: Use cell salvage
- · Clinical communication: Arterial and venous autologous prime
- Clinical communication: Centrifuge pump-salvaged blood
- Clinical communication: Use point of care viscoelastic testing to diagnose and then treat coagulopathy according to a standard transfusion algorithm
- Clinical communication: Utilize a hemoglobin threshold to consider PRBC transfusion (6.0 g/dL<sup>9</sup>)
- For heparin resistance: Administer antithrombin III 500 U IV, repeat once as needed to achieve desired ACT

### Postoperative

- Utilize a standard transfusion algorithm
- Notify provider if Hgb <7.5 g/dL (consider transfusion in nonbleeding patients only for signs of end-organ malperfusion, such as elevated lactate
  and significant base deficit)</li>
- Notify provider for chest tube drainage of 200 mL/h for >1 h
- · If actively bleeding:

### • Perform point of care VET and transfuse according to standard algorithm

- or
  - PT/INR, PTT
  - Fibrinogen
  - Platelet count
  - Platelet aggregation study
  - Hemoglobin

### Treatment:

- For INR >1.7, transfuse 2 U of FFP
- For fibrinogen <150 mg/dL, transfuse 10 U of cryoprecipitate or administer Fib Ryga 4 g IV over 10 min (or alternative fibrinogen concentrate)</li>
- For functional platelets <50 10<sup>3</sup>/ulu, transfuse 2 U of platelets
- PRBC transfusion as needed
- Kcentra/Beriplex 0.12 mL/kg/min IV titrate if on a DOAC preoperatively and PTT is elevated (or alternative prothrombin complex concentrate)
   DDAVP 0.3 g/kg IV × 1 for patients with post-CPB platelet dysfunction, uremia, or Von Willebrand disease; repeat once as needed
- Hgb <8 g/dL
- Ferric gluconate 250 mg IV once daily for 3 d
- Ferrous sulfate 324 mg orally daily for 30 d





Source	Total Recommendation s	Grade I/IIA	Included in TKO	
STS/SCA/AmSECT/S ABM Guidelines	19	19	18	
EACTS/EACT Guidelines	14	14	13	
ASA Guidelines	14	14	13	
POQI-8/ERAS-C Consensus Statement	14	14	3	

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## Turnkey Orders by Phase of Care



_	PRE-OP	INTRA-OP	POST-OP				
Assessment	Multidisciplinary PBM Program						
	Platelet Aggregation Studies	Hgb threshold 6.0 g/dL	Hgb threshold 7.5 g/dL				
	Anomia Screening		Platelet Aggregation Studies				
	Allelling Screening	POC Viscoelastic Testing					
_							
hera	Utilize Transfusion Algorithm						
ydt		Meticulous Surgery					
Communication	Hold DAPT/DOACS	Antifibrinolytic					
	Treat Anemia	Cell Saver					
	ESA, Fe, B12, Folate	RAP / VAP					

## **Patient Blood Management**



What's the literature say?

## Transfusion Requirements in Cardiac Surgery (TRICS)–III

### The NEW ENGLAND JOURNAL of MEDICINE

ORIGINAL ARTICLE

• Largest RCT to date of 5,243 cardiac surgery patients (NEJM,2017)

- Restrictive strategy (hemoglobin < 7.5 g/dL)
- Liberal strategy (hemoglobin < 9.5 g/dL intraoperative and ICU, < 8.5 g/dL non-ICU ward)</li>
- Restrictive noninferior to liberal for 30 day all cause mortality, as well as 6 months f/u
- No difference found in secondary outcomes-LOS, vent hours, infection, bowel ischemia, low output state, AKI, seizure/delirium/encephalopathy

### Restrictive or Liberal Red-Cell Transfusion for Cardiac Surgery

C.D. Mazer, R.P. Whitlock, D.A. Fergusson, J. Hall, E. Belley-Cote, K. Connolly,
B. Khanykin, A.J. Gregory, É. de Médicis, S. McGuinness, A. Royse, F.M. Carrier,
P.J. Young, J.C. Villar, H.P. Grocott, M.D. Seeberger, S. Fremes, F. Lellouche,
S. Syed, K. Byrne, S.M. Bagshaw, N.C. Hwang, C. Mehta, T.W. Painter, C. Royse,
S. Verma, G.M.T. Hare, A. Cohen, K.E. Thorpe, P. Jüni, and N. Shehata,
for the TRICS Investigators and Perioperative Anesthesia Clinical Trials Group\*

### The NEW ENGLAND JOURNAL of MEDICINE

ORIGINAL ARTICLE

## Six-Month Outcomes after Restrictive or Liberal Transfusion for Cardiac Surgery

C.D. Mazer, R.P. Whitlock, D.A. Fergusson, E. Belley-Cote, K. Connolly, B. Khanykin, A.J. Gregory, É. de Médicis, F.M. Carrier, S. McGuinness, P.J. Young, K. Byrne, J.C. Villar, A. Royse, H.P. Grocott, M.D. Seeberger, C. Mehta, F. Lellouche, G.M.T. Hare, T.W. Painter, S. Fremes, S. Syed, S.M. Bagshaw, N.-C. Hwang, C. Royse, J. Hall, D. Dai, N. Mistry, K. Thorpe, S. Verma, P. Jüni, and N. Shehata, for the TRICS Investigators and Perioperative Anesthesia Clinical Trials Group\*

## Number and Type of Blood Products Are Negatively Associated with Outcomes After Cardiac Surgery



CARDIOTHORACIC ANESTHESIOLOGY:

The Annals of Thoracic Surgery CME Program is located online at http://www.annalsthoracicsurgery.org/ cme/home. To take the CME activity related to this article, you must have either an STS member or an individual non-member subscription to the journal.

Check for update

### Number and Type of Blood Products Are Negatively Associated With Outcomes After Cardiac Surgery

Niv Ad, MD, Paul S. Massimiano, MD, Anthony J. Rongione, MD, Bradley Taylor, MD, MPH, Stefano Schena, MD, Diane Alejo, BA, Clifford E. Fonner, BA, Rawn Salenger, MD, Glenn Whitman, MD, Thomas S. Metkus, MD, and Sari D. Holmes, PhD, on behalf of the Maryland Cardiac Surgery Quality Initiative

- Annals of Thoracic Surg, 2022
- n=24,082 statewide multicenter data, cardiac surgery patients
- Odds for 30-day mortality were 13% greater with each RBC unit and 6% greater for each non-RBC unit

ARTICLE IN PRESS

Perioperative Management

LaPar et al

### Preoperative anemia versus blood transfusion: Which is the culprit for worse outcomes in cardiac surgery?

Damien J. LaPar, MD, MSc,<sup>a</sup> Robert B. Hawkins, MD, MSc,<sup>a</sup> Timothy L. McMurry, PhD,<sup>a</sup> James M. Isbell, MD, MSCI,<sup>a</sup> Jeffrey B. Rich, MD,<sup>b</sup> Alan M. Speir, MD,<sup>c</sup> Mohammed A. Quader, MD,<sup>d</sup> Irving L. Kron, MD,<sup>a</sup> John A. Kern, MD,<sup>a</sup> and Gorav Ailawadi, MD,<sup>a</sup> Investigators for the Virginia Cardiac Services Quality Initiative

- JTCVS n=33,411
- After risk adjustment, PRBC transfusion, but not Hct value, demonstrated stronger associations with postoperative mortality, renal failure and stroke (P<.0001)

## Preoperative Anemia vs Blood Transfusion





## Pillars of Patient Blood Management

Multidisciplinary Approach Treatment of Anemia Platelet Aggregation

**Studies** 

## Pillars of Patient Blood Management

OoodMultidisciplinary<br/>ApproachOoctuTreatment of<br/>AnemiaTreatment of<br/>AnemiaPlatelet<br/>Aggregation<br/>StudiesItelet<br/>Studies

Meticulous Surgery Antifibrinolytic Cell Salvage RAP/VAP Hgb trigger

## Pillars of Patient Blood Management



## Preoperative-Multidisciplinary Approach

- Recommended by nearly all major societies with pertinent guidelines.
- Formal hospital-level group & agree on standardization and process
- Ideally, team members include surgeons, anesthesiologists, intensivists, hematologists, the blood bank director, advanced practitioners, nurses, and residents.



## **Preoperative-Preoperative Anemia Treatment**

### ▼ Preoperative Anemia

### Preoperative Anemia Panel

### Inclusion criteria:

- 1. Preoperative Cardiac Surgery
- 2. Preoperative Hgb <12 mg/dl
- Total Iron Binding Capacity (TIBC) Panel Routine, once, today at 0838, For 1 occurrence Pre-procedure, Sign and Hold

### ✓ Ferritin

Routine, once, today at 0838, For 1 occurrence Pre-procedure, Sign and Hold

### Fecal Occult Blood Screening Routine, once, today at 0838, For 1 occurrence Pre-procedure, Sign and Hold

### Medications

### ▼ Preoperative Anemia

### Preoperative Anemia

### Per SR#2735237 TRF 04.28.2022

ferric gluconate (FERRLECIT) 250 mg in NS 0.9% 100 mL IVPB 250 mg every 24 hours, Intravenous, at 100 mL/hr, 4 doses, First dose today at 0900, Last dose on Sun 9/25 at 0900, Pre-procedure, Sign and Hold

### C3 And

folic acid tablet 5 mg 5 mg 1 time daily, Oral, First dose today at 0900, Until Discontinued, Pre-procedure, Sign and Hold

### C)And

other medication: pharmacist to dose Intravenous, policy/per guidelines, Starting today at 0837, Until Discontinued Reason for Consult: epoetin alfa-epbx (RETACRIT): pharmacist to dose 40,000 units ONCE to be given for pre-operative anemia prior to open heart surgery in patients with hemoglobin < 12. Pre-procedure, Sign and Hold

### C)And

vitamin b-12 (CYANOCOBALAMIN) tablet 1,000 mcg 1,000 mcg 1 time daily, Oral, First dose today at 0900, Until Discontinued, Pre-procedure, Sign and Hold

## **Preoperative-Timing of Surgery**

- Holding anticoagulation & antiplatelets
- Antiplatelet effects and drug metabolism can vary despite available guidelines
- Platelet aggregation or VET quantitates the degree of residual platelet inhibition to assist with proper timing of surgery



## Intraoperative-Meticulous Surgery

- Careful opening and a methodical routine for ensuring hemostasis prior to chest closure.
- The use of a checklist to exclude surgical bleeding at the conclusion of the case has been shown to decrease the need for re-exploration in cardiac surgery.



## Intraoperative-Meticulous Surgery



## Intraoperative-Antifibrinolytics

- Antifibrinolytics should be administered routinely unless contraindicated.
- Have been demonstrated to be safe and reduce the need for blood transfusions.
- Tranexamic acid was also demonstrated in a randomized trial to decrease the incidence of re-exploration for bleeding



## Intraoperative-Cell Salvage

- Use of cell saver is associated with a decreased need for RBC transfusion and decreased inflammation.
- These results have been duplicated by multiple cohort studies as well as a systematic Cochrane Review.
- One study also demonstrated a reduced incidence of postoperative lung injury with the use of cell salvage.



## Intraoperative-RAP/VAP

- Bypass circuit volume (typically 1000 to 1800 mL) can cause significant hemodilution up to 30%
- Retrograde autologous priming (RAP) and venous autologous priming (VAP) can be used to replace the crystalloid in the tubing with the patient's own blood prior to going on cardiopulmonary bypass (CPB).
- Class I recommendation for performing RAP within the 2021 combined STS, SCA, AMSECT, and SABM guidelines for PBM.



## Intraoperative/Postoperative-Hgb Trigger

- Setting an Hgb transfusion trigger
- Multiple studies demonstrate that a low Hgb trigger is equivalent, or possibly superior, to more liberal blood transfusion in cardiac surgical patients.
- <u>Anemia tolerance</u>! There is no definitive transfusion trigger by literature.
- Physiologic signs of inadequate end-organ oxygen delivery guide the decision to transfuse once the threshold is reached



## Postoperative-Culture of Conservation

- Manage as a change project-case for change.
- Recruit key stakeholders and leaders who share a common vision.
- Assess variability in care, gaps in existing protocols, and team member knowledge base.
- Examine the program's current preoperative anemia screening, transfusion rates, and re-exploration rates.
- Motivation for change= avoiding the added morbidity associated with high transfusion rates and program cost savings.



## Postoperative-Culture of Conservation

- Cultural shift can occur through openly discussing outcomes and showing providers their results benchmarked to their peers.
- Blood transfusions for non-bleeding patients should become thoughtful decisions based on appropriate Hgb triggers and a demonstrated need for improved oxygen delivery.





Multidisciplinary Approach

**Treatment of Preop Anemia** 

Timing of Surgery

**Meticulous Surgery** 

Cell Savage/RAP/VAP

Hgb Trigger

**Culture of Conservation** 

## **Highest / Lowest Transfusion Hospital**

Mauney et al

**Perioperative Management** 

## What drives variability in postoperative cardiac surgery transfusion rates?

Carrinton Mauney, BS,<sup>a</sup> Eric Etchill, MD, MPH,<sup>b</sup> Amanda Rea, MSN, CRNP,<sup>c</sup> Clifford Edwin Fonner, BS,<sup>d</sup> Glenn Whitman, MD,<sup>e</sup> and Rawn Salenger, MD<sup>c,f</sup>

- ✓ Propensity matched CABG and valves
- ✓ Hospital H transfused 36% = 1,483 units of PRBC
- ✓ Hospital L transfused 12% = 198 units of PRBC
- ✓ For all pts Hgb >7.5 Hospital H transfused 27% v. 0.9% Hospital L
- ✓ At Hospital L, sole transfusion indication for Hgb > 7.5 = active

bleeding



## **Highest / Lowest Transfusion Hospital**



Pretransfusion hemoglobin (g/dL) and transfusion indications at hospitals H and L.

- ✓ Highly restrictive protocol
- ✓ Narrow indications for transfusion
- ✓ High compliance



## Main Points by Phase of Care



## **UMSJMC PBM Data**

	2018	2019	2020	2021	2022	2023	STS Like Group	
Intraoperative Transfusion (%)	1.7	1.3	1.2	2.0	2.9	0.7	18.1	
Postoperative Transfusion (%)	10.8	10.5	9.4	10.8	10.9	10.0	25.2	
Renal Failure (%)	0.5	1.1	1.9	1.7	1.2	1.4	1.8	
CVA (%)	0.7	1.0	0.7	1.2	1.4	1.1	1.4	
Mortality (%)	0.3	0.8	0.3	1.6	0.3	0.5	1.4	

### UMSJMC CABG Blood Cost Savings (2015-2017)

RBC	CY 2015-2017
Total Intra and Post-OP CABG only	\$ 757,783
Total Intra and Post-OP All OHS	\$ 1,182,210
Other Blood Products	CY 2015-2017
Total Intra/Post-Op Plasma + Cryo CABG only	\$ 36,800
Total Intra/Post-OP Platelets CABG only	\$ 260,000

## Total Blood Cost Savings = \$1,442,210

*Note: Using CY 2014 as a baseline; blood savings were calculated assuming the following cost benchmarks: (\$250 per unit of PRBCs, \$200 FFP and Cryo; \$650 pooled Platelets)* 

## **Take Home Points**

- Restrictive PBM strategy = equivalent outcomes plus savings
- Hgb of 7.5 g/dl safe, likely lower



## Contact info amanda.rea@umm.edu



## Open Discussion

Please use the raise-hand function.

Please use the Q&A Function.

We will answer as many questions as possible. We encourage your feedback and want to hear from you!



## Contact Information

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- STSDB Helpdesk@sts.org
  - IQVIA/Database Platform Questions (Uploader, DQR, Missing Variable, Dashboard, Password and Login)





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If your site has had success implementing a blood conservation project and decreasing blood usage, we invite you to share your story with us on an upcoming ACSD QI Series Webinar!







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